## RECEPTORS

SENSATION – conscious or subconscious awareness of external or internal stimuli.

RECEPTORS – sensory nerve terminals that receives stimuli & relays them to the CNS (brain & spinal cord). - any structure specialized to detect a stimulus.

#### General Properties of Receptors:

#### All sensory receptors are transducers.

Transducer – is any device that converts one form of energy to another. Sensory transducers – converts stimulus energy into electrochemical energy = action potential

Action potentials – a meaningful pattern of electrochemical energy from the converted stimulus. Sensory transduction – process of conversion.

Receptor potential – a type of local potential produced as an effect of a stimulus.

> - a graded voltage change across the plasma membrane of the receptor cell.

The receptor potential causes a receptor cell to release a neurotransmitter that stimulates an adjacent neuron.

When the voltage of the neuron reaches threshold, the neuron fires impulses to the CNS.







#### Events for Sensation to Occur:

I. Stimulation of sensory receptor.

 2. Transduction – stimulus converted to graded potential.  3. Impulse Generation & Conduction

 if the graded potential reaches threshold strength,
 a nerve impulse results.
 This impulse travels to the CNS.

4. Integration – CNS translates the impulse into a sensation.

#### Sinds of Information Transmitted by the Sensory Receptor:

- 1. Modality
- 2. Location
- 3. Intensity
- 4. Duration

#### Classification of Receptors:

- can be classified by several overlapping systems:

By stimulus modality:
 Chemoreceptors
 Thermoreceptors
 Nociceptors
 Mechanoreceptors

e. Photoceptors

2. By the origin of the stimuli:
a. Exteroceptors
b. Interoceptors
c. Proprioceptors

3. By the distribution of receptors in the body:
a. General (Somesthetic) senses
b. Special senses

**General Senses:** 

 Types according to structure & physiology:

A. Unencapsulated Nerve Endings
1. Free Nerve Endings
2. Tactile (Merkel) Discs
3. Hair (Peritrichial Endings)

- **B. Encapsulated Nerve Endings** 
  - 1.Tactile (Meissner) Corpuscles
  - 2. Krause End Bulb
  - 3. Lamellated (Pacinian) Corpuscles
  - 4. Ruffini Corpuscles

### **PAIN RECEPTORS**

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Pain – is a discomfort caused by tissue injury or noxious stimulation & typically leading to evasive action.

**Nociceptors** – specialized nerve fibers that mediate pain.

#### **Types:**

- 1. Myelinated
- 2. Unmyelinated

Somatic Pain – pain from the skin, muscles & joints.

Visceral Pain – pain from the viscera (internal organs of the 3 great body cavities-thoracic, abdominal & pelvis).

Referred Pain – perception of pain coming from parts of the body that are not actually stimulated.

#### Classification of Pain Receptors (Origin of Stimulus)

 Exteroceptors – stimulated by immediate external environment with most of the impulses being sensed at conscious levels. a) Free nerve endings – tactile & superficial pain b) Krause's corpuscles - cold receptors c) *Meissner's corpuscles* – tactile skin receptors d) Merkel's corpuscles - tactile receptors in the oral mucosa & submucosa of the tongue e) Ruffini's corpuscles – pressure & warmth receptors

2. Interoceptors – located in body cavities; these serves involuntary bodily functions below conscious levels.

a) *Free nerve endings* – perception of visceral pain
b) *Pacinian corpuscles* – perception of pressure 3. Proprioceptors – chiefly involved in automatic functioning & perceive movement, pressure & position.

a) *Free nerve endings* – perception of deep somatic pain & other sensations

b) **Golgi tendon organs** – mechanoreceptors between muscle tendons relaying data concerning muscle length & tension c) Muscle spindles – mechanoreceptors between muscle fibers responsive to passive muscle stretch d) Pacinian corpuscles - perception of pressure e) Periodontal receptors - perception of tooth movement

## **SKIN RECEPTORS**

#### **SKIN RECEPTORS**

#### Types According to Function/ Stimulus Modality:

 Thermoreceptors – for temperature changes

- 2. Mechanoreceptors for mechanical stimulation.
  - a) Tactile receptors touch
  - b) **Baroreceptors** pressure
  - c) Proprioceptors distortion

3. Nociceptors – for injuries leading to pain sensation.

Types According to Morphology: 1. Free nerve endings – nonmyelinated fibers that enters the epidermis, extending as far as the stratum granulosum.

a) *Merkel's ending* – free nerve ending attached to modified epidermal cells, found in the stratum germinativum layer.

#### 2. Encapsulated nerve endings

a) *Pacinian corpuscles* – deep pressure
b) *Meissner's corpuscles* – touch
c) *Ruffini's corpuscles* – heat/warmth
d) *Krause's corpuscles* - cold

- 1 Near the skin's surface, free nerve endings sense pain and heat.
- 2 The onion-shaped Pacinian corpuscles sense pressure. They are the largest receptors.
- 3 Ruffini endings detect heat and pressure.
- Krause end bulbs sense coldness.
- 5 Meissner's corpuscles are sensitive to touch.

For every feeling, a receptor

#### Detecting the slightest touch

Hypodremis

When a harr tip is gently touched, free nerve endings woven around its follicle instantly send a message to the brain.

## **TASTE RECEPTORS**

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#### **Taste (Gustation)**

> a sensation that results from the action of chemicals on the taste buds.

- > the detection & recognition of liquid phase stimuli.
- > a sensation developed well before birth.

Taste is detected only when food is dissolved in saliva.

Mouth that is dry affects sense of taste.

#### **Taste buds**

> taste receptors

> goblet-shaped epithelial cells with small pore opening to the mucosal surface.

> lemon shaped



> measures to about 70 microns in length & 40 microns in diameter.

> approximately 10,000 buds in man

> located on the <u>edges & dorsum of</u> <u>the tongue</u>, <u>epiglottis</u>, <u>soft palate</u>, <u>pharynx & inside the cheeks</u>

> life span is 10-12 days & are constantly replaced by cell division (taste cell-mitotic division). > composed of 40-60 cells of three kinds: a. Taste/ Receptor/ Gustatory cell sensory cell (banana shaped) b. Supporting/ Sustentacular cell c. Basal cell



> taste hair – slender microvilli extension of the taste cell.

> taste pore – narrow opening from where taste hairs are projected.

#### > Geographic distribution:

- 1. tip of the tongue
  - sweet
- 2. side near the tip
  - salty
- 3. side near the back
  - sour
- 4. back/rear of the tongue
  - bitter



> Primary taste sensation: (Taste Modalities) 1. Sweet 2. Salty 3. Sour 4. Bitter 5. Umami

Generally, each taste modality is associated with organic compounds such as:

#### 1. SWEET

- associated with organic compounds such as polysaccharide like sugar, glycerol, dulcin, chloroform & amino acid.

#### 2. SOUR

- associated with hydrogen ions as acid & acid salts.
- not all acids are sour
   e.g. amino acid sweet

#### 3. SALTY

- associated with positive & negative ions, inorganic compounds such as, chlorides of sodium, ammonium & iodine.

#### 4. BITTER

- associated with inorganic salts of increasing molecular weight like alkaloids (nicotine & caffeine).

#### 5. UMAMI

- "meaty" taste produced by amino acids such as aspartic & glutamic acids.

- the taste is best known from the salt of glutamic acid, monosodium glutamate (MSG).

#### -pronounced as "ooh-mommy"

- the word is Japanese slang for "delicious" or "yummy"
- specific area on the tongue sensitive to umami is not yet known.

>Taste buds present in papillae:

- 1. Fungiform papillae
- 2. Circumvallate papillae
- 3. Palatal papillae

4. Other papillae and taste buds may occur in other oral & pharyngeal locations, including the lips, inner surface of the lingual mucosa, epiglottis, various pharyngeal regions of the upper 1/3 of the esophagus as well as the pharynx.

#### \* Filiform papillae – do not contain taste buds

> Taste buds are capable of responding to each quality, but their response characteristics are concentration dependent:

 Taste buds in Fungiform papillae – respond in uniform manner to low concentration of both sweet and salty taste substance.  Taste buds in Circumvallate papillae respond in uniform manner to low concentration of sweet substances and only to higher concentrations of salt, sour & bitter stimuli.  Taste buds in Palatal papillae – respond in uniform manner to both sour & bitter substances, although they respond to salt in relatively high concentrations.

#### PHYSIOLOGIC PROPERTIES OF TASTE RECEPTORS:

#### **1. ADAPTATION**

- diminution in the intensity or sensation or even disappearance of sensation even with continued stimulation of receptors

- reduction in sensitivity in the presence of a constant stimulus.

# 2. AFTER TASTE/ AFTER DISCHARGE OF TASTE RECEPTORS taste still lingers even if the stimulus has been removed.

**3. CONTRAST** a. Successive contrast - eat sweet then sour food, sourness is intensified b. Simultaneous contrast - if one border of the tongue is rubbed with sugar, the other border will enhance the sweet taste.

#### **4. DUAL TASTE**

- some substances can elicit 2 tastes or they can stimulate 2 different types of receptors.

#### **5. EFFECT OF CERTAIN DRUGS**

- when cocaine, an anesthetic solution is applied to the tongue the sensation is abolished.

- sequence of disappearance:
  a. pain
  b. bitter
  c. sour
- c. sweet

## OLFACTORY RECEPTORS

#### **OLFACTORY RECEPTORS**

#### Olfaction

 > closely related to taste
 > flavors of various food are largely due to the combination of taste & smell.

#### **Olfactory receptors**

> located on the olfactory mucous which lies on the posterodorsal part of the nasal cavity. It has an area of about 2.5 cm<sup>2</sup>. It includes the upper 3<sup>rd</sup> nostril, septum & superior conchae.



> composed of:

## a. Olfactory cellb. Supporting cell



#### **Primary Odors:**

#### **1. CAMPHORACEOUS**

- tough volatile fragrant compound from the wood & bark of camphor tree used in medicine as plasticizer and insect repellant.

#### 2. MUSKY

 substance with a penetrating odor obtained from a sac beneath the abdominal skin of male musk deer & used as perfume fixation.

#### **3. FLORAL**

- flower

#### **4. PEPPERMINTY**

- minty aroma/ fresh

#### **5. ETHEREAL**

- ether is a light volatile inflammable liquid obtained by the distillation of alcohol with sulfuric acid & used chiefly as solvents and anesthetic.

#### 6. PUNGENT

- stinging or biting quality

#### 7. PUTRID

- rotten, foul odor
- decomposing organic matter

#### PHYSIOLOGIC PROPERTIES OF OLFACTORY RECEPTORS:

#### **1. ADAPTATION**

- it is well known experience that an odor which at first seems to be quite strong or even noxious, after a few minutes is hardly noticed.

#### 2. EFFECT OF ONE ODOR ON THE OTHER ODOR

- strong odors tend to musk weaker ones. If appropriate amount is applied, one odor antagonizes the other odor.

#### Anomalies in Olfaction:

- 1. Excessive smoking.
- 2. Temporary loss of sense of smell may be the result of inflammation of the nasal mucosa.
- 3. Disease of the nervous system may affect olfaction either unilaterally/ bilaterally.
- 4. Hypernosmia acute sensitivity of the sense of smell due to some diseases of the CNS.

